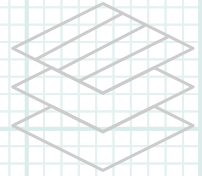
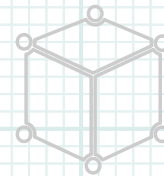




STEPS
Engineers Week
2 - 8 March 2019



TOM PARSONS



“The skills developed on the sports field have been vital to building a successful career in engineering”

Tom Parsons, Chartered Engineer working in civil engineering at Jacobs

The Mayo senior football vice-captain, currently recovering from a knee injury, said: “For 30 to 40 hours of my week, I am a professional athlete focused on training, recovery, diet, video analysis, workshops amongst other things; then, for the other half of the week, I am a professional engineer. All those attributes that are critical in sport, such as resilience, effective communications, flexibility, time-management and of course passion, are equally vital to becoming an effective and dynamic engineer. Like athletes, engineers have unique abilities to push boundaries and overcome great challenges, and so I’m delighted to support Engineers Week 2019 - and I urge schools, families, and students across the country to support what is now a vital annual event in the engineering calendar.”

